



# Cardiovascular Consultants, Inc.

## **Transesophageal Echocardiogram (TEE) Instructions**

A TEE is a procedure where an ultrasound probe is put down your esophagus to image the heart from closer proximity than from outside the chest. This provides better views of some parts of the heart. The procedure is done under light anesthesia.

- Do not eat or drink after midnight the night prior to your procedure.
- You can take your medication(s) on your regular schedule with a sip of water (unless otherwise directed by your physician). If you're taking the blood thinner warfarin or Coumadin, it may need to be held a few days before the procedure. Check with your physician's assistant for details regarding this.
- Report to the Information Desk in the Atrium or Main Entrance of the hospital for registration.
- You will not be allowed to drive yourself home following this procedure, due to the medications given during the test. Please arrange for someone to drive you home.
- Allow approximately three (3) hours for this exam, including registration, prep time and the exam itself.
- Also, due to the medications administered, you will be monitored following the procedure.