



# **Cardiovascular Consultants, Inc.**

## **Permanent Pacemaker Instructions**

A cardiac pacemaker is an artificial device which mimics your body's own conduction system. Once placed inside the body, a pacemaker helps the heart beat more normally.

### **Special instructions:**

- Do not eat or drink after midnight the night prior to your procedure.
  
- You may take your medication(s) on your regular schedule with a sip of water (unless otherwise directed by your physician). However, if you're taking the blood thinner warfarin or Coumadin, it should be stopped a few days before the procedure. Check with your physician's assistant for details regarding this.
  
- Bring a list of your medications and their dosages to the hospital with you.
  
- It is helpful if you can pre-register with the hospital Admitting Office one or two days prior to the procedure.
  
- Expect to stay overnight in the hospital after the procedure is completed.
  
- You should have someone drive you home from the hospital as you may not feel up to operating an automobile.