



Cardiovascular Consultants, Inc.

Cardioversion Instructions

Cardioversion is used to treat irregular heart rhythms, and consists of electric shock impulses delivered under anesthesia. More than one shock at different energy levels may be necessary, depending on what is needed to correct the rhythm.

Special instructions:

- Do not eat or drink after midnight the night prior to your procedure.
- You must take your medication(s) on your regular schedule with a sip of water (unless otherwise directed by your physician). If you are on Lanoxin or Digoxin, please check with your doctor's assistant for directions.
- Bring a list of your medications and their dosages to the hospital with you.
- It is helpful if you can pre-register with the hospital Admitting Office one or two days prior to the procedure.
- Expect to stay in the hospital for a minimum of 2-4 hours.
- You must have someone drive you home from the hospital, due to the medications given during the test.