



# **Cardiovascular Consultants, Inc.**

## **Cardiac Catheterization Instructions**

Cardiac Catheterization is a common, relatively painless, non-surgical procedure that can help your physician diagnose—and in some cases, treat—a heart problem.

### **Special instructions:**

- Do not eat or drink after midnight the night prior to your procedure.
- You may take your medication(s) on your regular schedule with a sip of water (unless otherwise directed by your physician). However, if you're taking the blood thinner warfarin or Coumadin, it should be stopped a few days before the procedure. Check with your physician's assistant for details regarding this.
- Bring a list of your medications and their dosages to the hospital with you.
- It is helpful if you can pre-register with the hospital Admitting Office one or two days prior to the procedure.
- Expect to stay in the hospital four to eight (4-8) hours after the procedure is completed.
- You must have someone drive you home from the hospital, due to the medications given during the test.